

THE QUAKER'S WIFE
(England)

Another traditional polka dance from Northumberland

Music: Record: ED 103

Formation: Longways -- this dance is stepped throughout.

Meas

Pattern

- 1-16 1st and 2nd cpls join hands in a ring. Dance 4 polka steps in pos. Then circle L once round.
 17-32 Repeat above but circle to the R.
 33-40 1st cpl lead down the middle, followed by the 2nd cpl. 2nd cpl make an arch and the 1st cpl step through.
 41-48 All dance back to places.
 49-64 1st and 2nd cpls polka swing, ballroom hold, once and a half CCW around each other to progressed places.

Presented by Nibs Matthews

THE YORKSHIRE SQUARE EIGHT
(England)

Traditional dance from Yorkshire.

Music: Record: ED 105

Formation: Four cpls in a square numbering as for American squares.

Meas

Pattern

- 1-16 1st and 3rd cpls advance and retire, polka swing to opp places.
 17-32 2nd and 4th cpls the same.
 33-48 1st and 3rd cpls repeat to places.
 49-64 2nd and 4th cpls repeat to places.
- 1-16 1st and 2nd cpls R and L hand star.
 3rd and 4th cpls the same.
 17-32 1st and 2nd cpls ladies chain.
 3rd and 4th cpls the same.
 33-48 1st and 4th cpls R and L hand star.
 3rd and 2nd cpls the same.
 49-64 1st and 4th cpls ladies chain
 3rd and 2nd cpls the same.
- 1-16 W to the ctr and out to places, M to the ctr turn L and swing the Won the L.
 17-32 Promenade the set -- M to own places with new ptr.
 33-64) Repeat this figure three times until all are in original places.
 1-64)

Presented by Nibs Matthews